

Flu Prevention Protocol for Holy Apostles Catholic Church

Cold and Flu Viruses appear in abundance from October through April, when large numbers of people are gathered inside together for various activities. In order to help prevent the spread of these viruses in our faith formation classes, please use the following protocol for your classes:

- Every classroom is to be provided with hand sanitizers, Kleenex boxes, and disinfectant spray bottles to clean the table surfaces and counters after class.
- Make sure every teacher and student washes their hands upon arriving at the church facility. Wash hands with soap and water for a full minute in the bathroom, or use the hand sanitizers available in each classroom.
- Use tissues provided in each classroom for coughs and sneezes, and place these in the classroom trash can. Cough or sneeze into your elbow, not your hands, if no Kleenex is available. Always wash hands after.
- Reminder posters on hand washing and cough control are to be posted in each classroom and facility restrooms.
- Parents are asked to keep their children home if they have a fever above 100° with a sore throat and cough, vomiting or diarrhea.
- Make sure they are symptom free for 24 hours, without medication, before having them return to school.
- Contact your family doctor or health care provider regarding flu vaccines.
- Extraordinary Ministers of the Eucharist are to clean their hands with alcohol sanitizers before distributing communion at Mass

Your cooperation is greatly appreciated as an effective way to help prevent the spread of cold and flu illnesses at our parish.

Monique Kilroy, RN
Holy Apostles Parish Nurse Coordinator